

What ages does FC Dulles serve?

FC Dulles serves the following age groups for all players. Click [here](#) for a 2022-23 birth year age group chart. The "U" stands for "Under" followed by the player's age.

- **RECREATION:**
 - Eaglets: U3-U4;
 - Micro-Academy: U5-U6;
 - REC Academy 1: U7-U9;
 - REC SFL: U10-U19.
- **ADAP** (Advance Development Academy Program- Pre Travel): U7/U8.
- **TRAVEL ACADEMY:** U9-U19/20 (Some age groups are combined; not all age groups have teams)

What area does FC Dulles serve?

We serve the Northern Virginia area with a majority of players coming from the western areas of Chantilly, Centreville, Clifton, Fairfax (and City of), Herndon, Oakton, Reston, and Vienna.

We have many players who travel farther in order to play with our club under the tutelage of our experienced, knowledgeable coaches.

What definition does FC Dulles use for the term 'Academy'?

Our use of Academy means the utilization of a club-centered curriculum to develop players of all skill levels along an age-appropriate pathway to learn the game of soccer and to support the FC Dulles [philosophy](#) and [playing style](#). Depending on a player's skill level will depend on whether they will participate with a basic curriculum (Eaglet, Micro Academy, REC Academy, SFL age groups), a transitional curriculum from basic to more advanced (ADAP), or an advanced curriculum (Travel Academy). Click [here](#) for our development pathway.

What is the cost of Recreation Soccer?

REC soccer tuition runs from \$75-\$195 per season depending on the age group. One practice t-shirt is included in the tuition fee. Additional fees include the Fairfax County field user fee (\$8-in-county/\$30 out-of-county), VYSA membership fee(\$10), Uniforms (\$60-\$70), & a soccer ball (\$20-\$25). Equipment i.e. shin guards, additional practice t-shirts are extra.

What is the VYSA membership fee?

An annual fee of \$10 required to be paid 1x/seasonal year. The seasonal year runs from 8/1 to 7/30 the following year. If you paid the fee for the fall season you do not need to pay the fee for the remainder of the seasonal year (winter, spring, & summer seasons). Click [here](#) for VYSA membership benefits.

What is the Fairfax County field user fee?

Fairfax County charges a fee for use of school or Park Authority fields. For players who reside in Fairfax County the fee is \$8/player/season (fall, winter, spring, summer). For players residing

outside of Fairfax County the fee is \$30/player/season. The club collects the fee, remits to the County every season, and receives a field permit to use the fields.

Why do I have to purchase a ball each season for REC?

The ball, being the most important piece of equipment in soccer, must meet the quality standards to run a successful program. Quality coverings not damaged and properly inflated balls are crucial to learning proper technique.

It's also important for players to be using the correct size balls (size 3, 4, & 5) for their age group and for each player to have a ball for training sessions and games.

Taking into consideration all of these factors, and in addition new players from one season to the next the club's policy is to assess a ball charge for a new Adidas club ball each season.

For the younger age groups (Eaglets, Micro-Academy, REC Academy, & ADAP) the club will hold onto the balls through to the end of the season and distribute them to players at the last session. For SFL age teams it will be the coaches discretion whether to keep the balls during the season or for each player to be responsible for bringing their balls to each practice and game.

Players responsible for bringing their balls to each game are highly encouraged to put their name on their balls.

Players in our Travel Academy Program purchase balls when they purchase their uniform and are responsible for bringing their ball to each training and game session.

What is the cost of Travel soccer?

2022-2023 Tuition is \$1850/year. Click [here](#) to see what's included.

What is the cost of the ADAP program?

Full year tuition is \$595

Spring only tuition is \$300

Click [here](#) for what's included.

What are the main differences between REC, ADAP & Travel soccer?

- [REC soccer](#) is focused on entry-level to intermediate-level players looking to learn in a fun and social environment not as rigorous or demanding as travel soccer and players not quite ready to make the transition to travel soccer. The REC program utilizes a basic curriculum with an emphasis on learning age-appropriate fundamental skills to improve and prepare for the next level. Young players ages U3 to U6 start in our Eaglet Academy (U3 & U4) and Micro-Academy (U5 & U6) respectively. At ages U7 & U8 advanced players can join our pre-travel ADAP program (the ADAP is considered a REC program and is invite only). Players U7-U9 not ready for a more advanced curriculum, who are entry-level players, or who prefer to learn in a non-competitive, social environment play in our REC Academy. Players U10-U19 not on a travel soccer pathway, who prefer not to

play travel soccer, or who are not ready for travel soccer play in our SFL (Suburban Friendship League) program.

Players register through open registration for the REC program for each season. There are no tryouts or evaluations for the REC program (except the pre-travel ADAP program) The primary seasons for REC are fall and spring. In addition, we offer limited programs in the summer season. The ADAP program and Travel programs are invite-only and player selection is after they've been evaluated during formal tryouts or at rolling tryouts ongoing throughout the year.

- The ADAP program utilizes a more advanced curriculum than REC and is a program designed for advanced players ages U7 & U8 to prepare them for tryouts and eventually to play competitive soccer in FC Dulles's Travel Academy starting at U9.
- Travel soccer utilizes an advanced curriculum in a highly demanding, competitive learning environment.

Travel soccer requires significantly more commitment than REC soccer and is a one year commitment that runs from June 15 of the current year to the last game of the following year typically in early June.

When are the deadlines to register for REC soccer?

- Spring season: March 1; early bird discount deadline: 1/31.
- Summer programs: June 1; early bird discount deadline: 4/30.
- Fall season: August 1; early bird discount deadline: 6/30.

When is the deadline to register for the U7/U8 Pre-travel ADAP?

The ADAP program is invite-only. We conduct evaluation sessions throughout the year for the ADAP program. Please contact fcdulles@gmail.com if interested in having your child evaluated for the program

When is the deadline to register for Travel?

We conduct formal travel tryouts for our Travel Academy in April and May for the next seasonal year which runs from 6/15 of the current year to the last game of the spring season (typically in early June). For more info regarding tryouts, [click here](#).

We conduct rolling tryouts throughout the year during team practices for teams with available roster spots looking for players. Please contact us at fcdulles@gmail.com for more info.

How do I get my child on a travel team?

The main evaluation period is through our formal tryouts in April and May. The club conducts rolling tryouts throughout the year. If you are interested in having your child tryout for one of our Academy Travel Teams please register for tryouts ([here](#))

Please contact us at fcdulles@gmail.com for more info.

When are the REC soccer seasons?

The primary REC soccer seasons are in the fall and spring. We offer limited REC programming in the summer.

When are the U7/U8 ADAP seasons?

The ADAP program is a year-long program. Weekday training sessions are 2x/week in the fall and spring seasons and 1x/week in the winter. For the fall and spring seasons, weekend competition is in our REC Jamboree (we may compete against other clubs if available) and for the winter season, we offer outdoor training 1x/week if the weather is suitable. Many players will join the ADAP for the spring season. Tuition is pro-rated for these players.

When are the Travel seasons?

The travel season is a year-long commitment that runs from June 15 of the current year to the last game in the following spring season (typically early June). Players are expected to make playing with their FC Dulles Academy team their first priority in the Fall and Spring seasons and participate as much as possible in the Summer & Winter seasons. Travel teams will play between 2-4 tournaments/year and players are expected to attend and participate in the tournaments.

How are players placed on Travel teams?

. Players are evaluated by Club Academy coaches using the following criteria:

- skill level,
- game, and spatial awareness,
- soccer growth mindset,
- love of the game,
- mental toughness
- coachability

Should the player make the team, an invite will be sent to register and complete payment. 5 & 10 month payment plans are available. A 5% discount is available to those that pay in full.

Is there a fee to tryout for the Travel Academy or ADAP program?

No, tryouts are free. We do ask that if you sign-up for an evaluation or tryout to make every effort to attend and to attend at least 2-3 sessions if needed. Please be respectful to our coaches- they take considerable time to plan their sessions based on your signing up and participation.

What REC league does the U5/U6 Micro Academy and U7-U9 REC Academy and U7/U8 ADAP play in?

The FC Dulles in-house [REC Jamboree](#)

What REC league (U10-U19) does FC Dulles participate in?

[Suburban Friendship League \(SFL\)](#)

What travel league does FC Dulles participate in?

[National Capital Soccer League \(NCSL\)](#)

How many practices and games are there each season (Fall & Spring), also location and times?

Eaglets U3 & U4: one FUN session per week on Saturday mornings- no formal practices or games.

Micro-Academy U5 & U6: Free Play: 1x/weekday (6 weeks total-45 minute sessions); REC Jamboree: Saturdays for 7 weeks- 45 minute sessions.

REC Academy U7-U9: Formal training 1x/weekday (7 weeks total- 1 hour sessions); Free Play: 1x/weekday (6 weeks total- 1 hour sessions); Competition (REC Jamboree): Saturdays for 7 weeks- 1 hour sessions..

ADAP (pre-travel U7/U8) 2x/weekday training (8-10 weeks- 1.5 hour sessions); REC Jamboree: Saturdays for 7 weeks- 1 hour sessions. Possible games against other clubs- if available.

REC SFL(U10-U19) Training 2x/weekday- 1.5 hour sessions; 8 games on Saturdays- 1.5-2.0 hour sessions.

Travel Academy U9-U19: Training 2-3x/week 1.5 hour sessions; 9 competitive game in NCSL (8-9 weeks- 1.5-2.0 hour sessions)

Schedules (subject to change) Free play is typically on Friday nights; REC Jamboree on Saturdays; REC Academy practices- Monday nights; ADAP practices: Tu/Th nights; SFL practices: Tu/Th or M/W (will depend on coaching and field availability; Travel Academy- Practices Tu/Th nights; Games on Saturdays or Sundays.

Fields are local to Chantilly- typically Poplar Tree 2 turf, Franklin MS3, Fred Crabtree Park 3.

How much travel is in 'Travel Soccer'?

Most younger teams play locally around the Capital Beltway region- Northern Virginia, Maryland, and DC area for NCSL league play and tournaments

We believe the right level of competition can be found at a minimum cost and least amount of travel possible.

Older teams may travel further depending on their competitive level.

Games can be either Saturday or Sunday.

Can you provide info on uniforms?

Uniforms are required for all players (except the Eagle Academy- they receive a free program t-shirt.

The club is contracted with Adidas in two year cycles. We are currently in the first year of our two-year cycle. Players who purchase uniforms are not required to purchase again (unless needed) within the two year cycle. The current uniform for REC/ADAP and Travel runs through the end of the 2024 spring season.

Uniforms are provide by our retailer, PJ's Sports (7500 Leesburg Pike, #12A, Falls Church, VA 20124).

All uniforms are to be ordered online and picked up at the store when notified that they are completed. **The link to the online store will be included in your registration confirmation email.** The store cannot take walk-in orders. In some cases an official from the club will pick-up completed uniforms and deliver them to the first practice sessions of the upcoming season. The store does not mail uniform purchases.

[Micro Academy, REC Academy, and ADAP Uniform](#)

[REC SFL Teams](#)

[Travel Academy Teams](#)

Jersey #'s:

- For Micro, REC Academy & ADAP players can choose any number.
- For SFL teams- new purchases will be assigned a jersey #.
- For Travel Academy Teams: the age-group coaches will assign numbers in a manner they determine.

Sizing: Sizing charts are available in the online store when ordering.

Red practice shirts are included in the registration fee. Travel Academy and ADAP players receive 2/player (they have a year-long season). If players join midway through the season, they'll receive one t-shirt

The Eaglets, Micro-Academy, REC Academy, and SFL age groups receive one practice t-shirt/season.

Additional practice t-shirts are available to purchase during the registration process for \$15/t-shirt.

All players are highly encouraged to wear their red t-shirt to practice and free play sessions. Uniforms are to be worn for all games- REC Jamboree, SFL, NCSL.

Are scholarships available?

Yes, need-based scholarships are available. Scholarship applicants should register for their appropriate program, choose an installment plan, pay the first installment, and fill out the scholarship form linked in your first payment confirmation email. Once the form is completed the amount of the scholarship award will be adjusted through the remaining tuition payments. Additional fees included but not limited to uniforms, County field user fees, additional practice t-shirts, team and individual equipment, and additional tournament fees are not included in the scholarship award.

All scholarship applicants are expected to pay at least 50% of their tuition and expected to provide documentation of their enrollment in a need-based program- i.e. free or reduced lunch or medicaid program.

What is the refund policy?

In short there are no refunds once a player is registered into a program or a commit deposit has been paid unless a team isn't formed whereby the club will process a full refund. Credit card fees are not refundable. Other extenuating circumstances may apply which are handled on a case-by-case basis and appealed formally to the FC Dulles Board of Directors.

For travel players the club follows the [FC Dulles Financial Responsibility Policy](#) once either the commitment deposit is paid or the first tuition payment is paid.

What are the payment methods:

Major credit cards (with service fee), cash, checks, Zelle. Checks are to be made payable to FC Dulles and remitted to FC Dulles, PO Box 222732, Chantilly, VA 20153. Please remit cash payments to Club President, Darryl Forrest. For Zelle payments, the number will be in your confirmation email after registering.

Are there installment plans?

Yes, it will depend on the date of registration. Typically the REC program (including ADAP) has an installment plan of 3 months (initial payment followed by two additional months; The Travel Academy has 5 and 10 month plans. Installment plans will never extend beyond the midpoint of the current season.

**If you have any additional questions please contact us at
fcdulles@gmail.com**